



FAQ

Frequently Asked Questions

What exactly is InterLAB?

InterLAB is a soft skills computer simulation that immediately reveals human behaviour and therefore is used as training tool for critical situations. Participants learn how to keep performance up - even under pressure like short time or high responsibility.

How is InterLAB used?

The usage of InterLAB and of outdoor team building activities have many in common. This way most of the benefits and advantages of outdoors do apply to InterLAB as well. The major difference: The InterLAB scenario does not take place in nature, but it is created by a captivating real time simulation running on a network of laptops. Also on InterLAB the central and essential aspect is: Direct communication and interaction from person to person - not just during the simulation runs but also while reflection and optimization phases. InterLAB is used in a multitude of short and repeatable training cycles.

Which computer skills are needed?

The same goes for participants and for trainers: Those who can operate a coffee machine can use InterLAB as well. Absolutely no computer skills needed.

What are the advantages against outdoor activities?

InterLAB is absolutely safe, performable at any location, independent from weather and it offers experiences of success within extremely short intervals. The vital advantage is the tracking and evaluation of behaviour in combination with repeatability of sequences under exactly the same conditions. This enables benchmarking and trainees experience the meaning and effect of optimized behaviour.

Does InterLAB make outdoors activities obsolete?

No. InterLAB enhances the effect of outdoor activities when used in combination. Example: When you train and benchmark optimized behaviour patterns with InterLAB you create a much stronger initial situation for a following outdoor activity. You will see the ability to transfer - how well will the trainees apply the learned matter in a new setting (outdoor activity)?



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How can human resource development depts. use InterLAB?

Various team and personality trainings as public or customized courses are directly available from licenced trainers. Organizations may also purchase a licence package to build their own training concepts on.

How can trainers use InterLAB?

It is very easy to implement InterLAB sequences into any training context. Trainers can book sequences from Ninecubes or from licenced trainers - or can get licenced themselves. In both cases a trainer delivers his entire course under his own label to his customer.

Who is the target audience for InterLAB?

InterLAB is used independently from the trainee's age, sex or job-field. As the scenarios do not build on subject matter expertise InterLAB can be used organisation wide in people development programs. The ideal target audience is people who might cause painful losses to their organization in case of human error. This includes executives, project teams, production managers as well as people working in high-risk environments.

Within which training topics InterLAB is used?

Examples: Leadership, human perception, setting priorities, team building, roles, coordination, human factors, error management, situational awareness, decision making, self management, communication.

How is the transfer of learning ensured?

The transition of gained knowledge into the job situation mostly takes place during reflection phases. This process is facilitated by the fact that every scenario situation has direct references to real situations. Plus: During the training cycles trainees experience how to gain higher performance by adjusting their behaviour.