


*In a seemingly distant world
you go on an expedition.
And you find the universe
of your own personality...*

Leading teams are developed with INTERLAB 

InterLAB is a training tool for the development of executives and leading teams. In the Stress Simulator, participants learn how to attain optimal achievement despite time constraints and pressure from responsibilities. This makes InterLAB attractive even in times of crisis.

INTERLAB  **InterLAB is a Stress-Simulator for Executives and Leading Teams.**

Participants learn hands-on, how to handle situations despite time constraints and pressure from responsibilities. This enables them to achieve optimal results even in "emergency situations".

Communications Lab

In InterLAB, the participants develop personal behaviour strategies. Teams grow together and become more effective and efficient.

Real-time Simulator

The participants are motivated to communicate effectively. Within minutes, InterLAB exposes typical behavioural patterns.

The InterLAB method is used in exclusive trainings. Enthusiastic about InterLAB are: European Space Agency, Hapag Container Line, IMD, Lufthansa, Admin. Dept. of Liechtenstein, Saturn, Basel University Hospital, Leadership Academy Switzerland

Self-awareness Method

InterLAB makes trainings even more efficient and sustainable. Purpose and effect of behavioural training is personally experienced and easily comprehensible.

«Human communication designed for success»

Developing Leading Teams

Licensed trainers and corporate clients use InterLAB in various sectors in the following subjects:

- ▶ Leadership
- ▶ Team Building
- ▶ Human Factors

With InterLAB, implementation and evaluation of learning progress takes place in the seminar. All situations in the simulation can be applied to everyday work life. Intense Self-Awareness and A-ha Experiences make InterLAB an unforgettable learning experience even after 10 years.

InterLAB is the ideal training method for developing the most important people of a firm to leading teams.

InterLAB in Team Training

The InterLAB simulator guides the participants into a world in which they behave authentically like in their job situation. They optimise their behaviour specifically for "stress" situations. Participants apply own wealth of experience and draw on knowledge from interconnecting learning phases. Each training becomes a learning experience geared toward the individual.

Value for the Corporation:

- ▶ Better decision-making through broadened perception
- ▶ Teams are aware of their behavioural tendencies in difficult situations
- ▶ Everyone has developed individual "protection mechanisms"



Ninecubes Lernmedien
www.ninecubes.ch